Assessment Questions

Directions: Select the one best answer for each question where choices are offered. The answers to the multiple-choice questions are in the material that you have been instructed to read and review to complete this module.

Fill in the answers to the other questions.

1. Which of the following statements is true about healthy caregiving relationships?
   a. It is not important to talk directly to infants.
   b. Shouting, scolding, and nagging is the only way to get infants and toddlers to learn what is right.
   c. An infant who cries easily should be fed and changed, and then left to play with a toy or the child will be spoiled.
   d. Singing, laughing, and playing with infants and toddlers are important ways teachers/caregivers help them develop.

2. Which of the following developmental situations need follow up by parents with the child’s health care provider? (You can refer to the Centers for Disease Control and Prevention website for support: www.cdc.gov/actearly)
   a. A one year old who cannot stand when supported
   b. A seven-month-old who does not crawl
   c. A three-month-old who does not sit alone
   d. An eight-month-old who does not babble
   e. Responses a and d

3. Benefits of regular physical activity for toddlers include: (Select all that apply.)
   a. Cardiovascular endurance
   b. Flexibility
   c. Feelings of accomplishment and independence
   d. Muscle development and strength
   e. All the above

4. The likelihood of an infant dying of SIDS increases 18-fold if:
   a. An infant is placed to sleep on his back
   b. An infant who is used to sleeping on his back is placed on his tummy to sleep
   c. A light blanket is placed over the infant in the feet to foot method
   d. No toys are placed in the crib
   e. An infant is too cold.
5. To manage illness and reduce the spread of germs in early learning programs, which of the following are important?

   a. Require a doctor’s note for a child to return to care.
   b. Follow national guidelines for hand washing and diapering procedures.
   c. Clean surfaces then sanitize or disinfect
   d. Always exclude a child with a fever from care.
   e. Responses b and c

6. Paced bottle feeding is a method of bottle feeding that is designed to mimic breastfeeding.

   a. True
   b. False

7. Teachers/caregivers need to be aware that new foods may need to be offered 2 or 3 times before they are accepted by a child.

   a. True
   b. False

8. Current research reveals there is **no** benefit to delaying introduction of allergenic foods, e.g., peanut butter.

   a. True
   b. False

9. What is the most common cause of choking deaths in young children?

   a. Spoonfuls of peanut butter
   b. Hot dogs
   c. Latex balloons
   d. Whole grapes

10. Review the pamphlet *How to Choose and Use a Child Care Health Consultant*. Select ways a Child Care Health Consultant (CCHC) can benefit your program: (Select all that apply.)

    a. Help develop health and safety policies
    b. Support care for children with special health care needs
    c. Provide technical assistance for staff to write lesson plans about art
    d. Provide onsite and phone health and safety consultation
    e. a, b and d
Reflection Questions

11. Review *Caring for Our Children, 3rd Ed.* **Standard 2.1.2.2: Interactions with Infants and Toddlers.** List 2 interactions / observations from your care for infants/toddlers this week that you shared with their parents:
   1. _____________________________________________________________
   2. _____________________________________________________________

12. From the information you learned in the Infant / Toddler Case Study about baby Ben, identify two approaches that may help to soothe a crying baby:
   1. _____________________________________________________________
   2. _____________________________________________________________

13. You reviewed the STAR 2 Standard – Family Engagement FC.2.3. What information from this self-learning module will/did you share with families about infant/toddler topics? How will/did you share the information, e.g., parent conference? List at least two topics and how you shared the information with families.

<table>
<thead>
<tr>
<th>Infant / Toddler Topic</th>
<th>How You Shared the Information with Families</th>
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<tbody>
<tr>
<td>1.</td>
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14. What are two of your favorite physical activities to do with infants/toddlers?
   1. _____________________________________________________________
   2. _____________________________________________________________

15. Review the handout: What Does a Safe Sleep Environment Look Like? How will you use this resource in your program?

   _____________________________________________________________

   _____________________________________________________________

16. Have a staff member demonstrate a (mock or real) diapering sequence. Refer to the *Diapering Poster* on the ECELS website for details on how to do diapering routines correctly. Observe and identify any errors. Document the observations, any errors and what changes may be necessary in the space below.

   Staff Member Observed (First Name Only): __________________________
   Diapering Steps Done Correctly: (list at least two)
   1. _____________________________________________________________
   2. _____________________________________________________________

   Diapering Errors: (list at least two)
   1. _____________________________________________________________
   2. _____________________________________________________________
Changes Needed in the Diapering Area or Procedures: (list at least two)
1. 
2. 

17. You viewed the 4 minute video from the American Academy of Pediatrics: Responsive Feeding. List 2 cues you may observe during an infant feeding that let you know a baby is full and done eating.
1. _______________________________________________________________________________
2. _______________________________________________________________________________

18. Review the CACFP poster: Sample Meals for Children Ages 1 – 2 and compare it with your program’s menu. Are there ways to improve your program’s menu?
   a. Yes
   b. No
If yes, list here:
__________________________________________________________________________________